

Livsmedelskategori, livsmedel eller livsmedelskomponent (näringsämne el övrigt ämne)	Vilken fysiologisk effekt kan uppnås? Samband med hälsa	Betingelser för när hälsopåståendet gäller	Vetenskaplig bedömning. Typ av dokumentation	Vetenskapliga referenser	Förslag till formulering av hälsopåståendet	COM Codes	List 3 Sweden
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Food Category, food, or food component	Health relationship	Conditions for the claim to be valid	Nature of evidence	References
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Example of wording
 #A=Medicinal; #B=Article 14;
 #C=Article 10.3;
 #D=Misleading

Version March 31, 2008
 "Merged cells"

Becel pro.activ, spread ^[1] Composition of evaluated product: Total fat: 35% Plant sterols (esterified): 8% Present composition: Total fat: 35% Plant sterols (esterified): 7.5%	Reduced levels of blood cholesterol Target group: People who want to lower their cholesterol. Excluded groups: Children under the age of five and pregnant and breastfeeding women.	According to the evaluation report: 25g of Becel pro.activ spread per day, providing 2 g plant sterols (esterified). Present marketing: 3 portions = 30 g of spread per day, providing 2.25 plant sterols (esterified)	Scientific body (SNF Swedish Nutrition Foundation)	See the Swedish Reference list: Johnson, Mensink, Pedersen (2002), and references cited therein (see Appendix 1)	Becel pro.activ matfett sänker total- och LDL-kolesterol.#B Becel pro.activ spread lowers total- and LDL-cholesterol.#B	CT04, CT23 CT04, CT23	SE-228
Becel pro.activ, milk drink ¹ Composition of evaluated product: Total fat: 1.4% Plant sterols (esterified): 0.3% Present composition: Total fat: 0.3% Plant sterols (esterified): 0.3%	Reduced levels of blood cholesterol Target group: People who want to lower their cholesterol. Excluded groups: Children under the age of five and pregnant and breastfeeding women.	According to the evaluation report: 400 ml of Becel milk drink per day, providing 1.2 g plant sterol (esterified). Present marketing: 3 portions = 750 ml milk drink per day, providing 2.25 g plant sterols (esterified)	Scientific body (SNF Swedish Nutrition Foundation)	See the Swedish Reference list: Johnson, Mensink, (2004), and references cited therein (see Appendix 2)	Becel pro.activ mjölkdryck sänker total- och LDL-kolesterol.#B Becel pro.activ milk drink lowers total- and LDL-cholesterol.#B	CT04, CT23 CT04, CT23	SE-229a

<p>BeceI pro.activ, yoghurt drink¹ (minidrink, 100 ml)</p> <p>Composition of evaluated product: Total fat: 2.9% Plant sterols (esterified): 2%</p> <p>Present composition: Total fat: 1.7% Plant sterols (esterified): 2% Sugars partly replaced by sweeteners.</p>	<p>Reduced levels of blood cholesterol</p> <p>Target group: People who want to lower their cholesterol.</p> <p>Excluded groups: Children under the age of five and pregnant and breastfeeding women.</p>	<p>According to the evaluation report:</p> <p>100 ml of BeceI yoghurt drink (minidrink) per day, providing 2 g plant sterols (esterified)</p>	<p>Scientific body (SNF Swedish Nutrition Foundation)</p>	<p>See the Swedish Reference list: Johnson, Mensink, (2006), and references cited therein (see Appendix 3)</p>	<p>BeceI pro.activ yoghurt drink lowers total- and LDL-cholesterol.* #B</p> <p>BeceI pro.activ yoghurt drink lowers total- and LDL-cholesterol.* #B</p> <p>* Effekten är mer uttalad om yoghurten intas med måltid. / The effect is more pronounced if the yoghurt is given with a meal.</p>	<p>CT04, CT23 CT04, CT23</p>	<p>SE-229b</p>
<p>Benecol, spread[1] (32%</p>	<p>Reduced levels of blood cholesterol</p> <p>Target group: People who want to lower their cholesterol.</p> <p>Excluded groups: Children under the age of five and pregnant and breastfeeding women.</p>	<p>30 g of Benecol spread per day.</p>	<p>Scientific body (SNF Swedish Nutrition Foundation)</p>	<p>See the Swedish Reference list: Johnson, Mensink, Pedersen (2006), and references cited therein (see Appendix 1).</p>	<p>Benecol matfett sänker kolesterolvärdet.#B</p> <p>Benecol spreads lowers cholesterol levels.#B</p>	<p>CT04, CT23 CT04, CT23</p>	<p>SE-230</p>
<p>Benecol, yoghurt drink¹ (minidrink, 100 ml) (1.4% fat) with plant stanol esters (2% plant stanols)</p>	<p>Reduced levels of blood cholesterol</p> <p>Target group: People who want to lower their cholesterol.</p> <p>Excluded groups: Children under the age of five and pregnant and breastfeeding women</p>	<p>One portion of Benecol yoghurt drink (100 ml) per day.</p>	<p>Scientific body (SNF Swedish Nutrition Foundation)</p>	<p>See the Swedish Reference list: Johnson, Mensink, Pedersen (2006), and references cited therein (see Appendix 2).</p>	<p>Benecol yoghurt drink sänker kolesterolvärdet.*#B</p> <p>Benecol yoghurt drink lowers cholesterol levels.*#B</p> <p>*För optimal användning, intag med måltid. / For optimal use, consume with meals.</p>	<p>CT04, CT23 CT04, CT23</p>	<p>SE-231</p>

<p>Julia/Hjärtans Lust, margarine cheese (17% fat) (0.7g saturated, 10.1g monounsaturated and 5.5g polyunsaturated fatty acids per 100g) based on rapeseed oil</p>	<p>Reduced levels of blood cholesterol</p> <p>Target group: general population</p>	<p>Replacing 65 g of ordinary cheese with Julia/Hjärtans Lust per day.</p>	<p>Scientific body (SNF Swedish Nutrition Foundation)</p>	<p>See the Swedish Reference list: Griffin, Mutanen, Pedersen (2004), and references cited therein (see Appendix 1).</p>	<p><u>Wording according to expert report:</u></p> <p>Som ersättning för vanlig ost bidrar Julia/Hjärtans Lust till sänkta kolesterolvärden.#B // Replacing ordinary cheese with Julia/Hjärtans Lust may contribute to lower blood cholesterol. #B</p> <p><u>Alternative wording suggested:</u></p> <p>Som ersättning för vanlig ost bidrar Julia/Hjärtans Lust till hälsosamt låga kolesterolvärden // Replacing ordinary cheese with Julia/Hjärtans Lust contributes to healthy low blood cholesterol levels.</p>	<p>CT04, CT23 CT06, CT23</p>	<p>SE-232</p>
<p>Primaliv, yoghurt (200g, 0.5% fat) with muesli (26.5g) containing oat beta-glucans (4 g)</p>	<p>Reduces/ smoothens out blood glucose response after a meal</p> <p>Target group: general population</p>	<p>One portion of Primaliv as part of a meal containing carbohydrates.</p>	<p>Scientific body (SNF Swedish Nutrition Foundation) Human study</p>	<p>See the Swedish Reference list: Almér, Hermansen, Vessby (2002), Granfeldt, Nyberg (2007).</p>	<p>Primaliv utjämnar blodsockernivån efter en måltid.#B</p> <p>Primaliv reduces/smoothens out blood glucose levels after a meal. #B</p>	<p>CT04, CT12 CT04, CT12</p>	<p>SE-233</p>
<p>Primaliv muesli products, containing OatWell™OatBran beta-glucan (4 g per portion)</p>	<p>Reduced levels of blood cholesterol</p> <p>Target group: general population</p>	<p>Two portions of Primaliv muesli, providing 8 g of beta-glucan from OatWell™OatBran, per day.</p>	<p>Scientific body (SNF Swedish Nutrition Foundation)</p>	<p>See the Swedish Reference list: Aro, Bach Knudsen, Lovegrove, Wood (2006), and references cited therein (see Appendix 1)</p>	<p><u>Wording according to the evaluation report:</u></p> <p>Primaliv müsli sänker kolesterolvärdet.#B</p> <p>Primaliv muesli lowers cholesterol levels. #B</p> <p><u>Alternative wording suggested:</u></p> <p>Primaliv müsli bidrar till hälsosamt lågt kolesterolvärde.</p> <p>Primaliv muesli promotes healthy low cholesterol levels.</p>	<p>CT04, CT23 CT04, CT23 CT04, CT23 CT04, CT23</p>	<p>SE-234</p>

<p>1 liters förpackning av frukt eller mjölkprodukt innehållande extrakt av Rosenrot (Rhodiola rosea L.)</p>	<p>1. Hantering av tillfällig stress. 2. För friska personer som utsätts för tillfällig stress.</p>	<p>1. Dagsdos 200 ml, varav 7 mg rosaviner 2. Effekten uppträder direkt. 3. Effekten för barn och gravida är ej känd. 4. Etanol/vatten extrakt. 5. 7-12 mg rosaviner/dag; rosaviner/salidroside kvot = 3: 0.8-1</p>	<p>1. Critical Reviews 2. Human studies 3. Supporting data 4. Textbook</p>	<p>1. Critical Reviews Khanum F., et al. Rhodiola rosea: A Versatile Adaptogen Comprehensive reviews in food science and food safety, 2005 4, 55-62 Panossian A. and Wagner H., Stimulating Effect of Adaptogens: An Overview with Particular Reference to their Efficacy following Single Dose Administration Phytother. Res. 2005, 19, 819-838 Morgan M. and Bone K., Rhodiola: the Arctic adaptogen. Townsend Letter for Doctors and Patients (Phytotherapy Review & Commentary), May, 2005 Brown R. P., et al., Rhodiola rosea: A Phytomedicinal Overview, HerbalGram., 2002 56, 40-52 Monograph Rhodiola rosea. Alternative Medicine Review, 2002, 7(5), 421-423 Kelly G. S., Rhodiola rosea: A Possible Plant Adaptogen Alternative Medicine Review, 2001, 6(3), 293-302 2. Human studies Shevtsov V. A. et al., A randomized trial of two different doses of a SHR-5 Rhodiola rosea extract versus placebo and control of capacity for mental work, Phytomedicine, 2003 10, 95-105 Darbinyan V. et al., Rhodiola rosea in stress induced fatigue – A double blind cross-over study of a standardized extract SHR-5 with a repeated low-dose regimen Spasov, A. A. et al., A double-blind, placebo-controlled pilot study of the stimulant De Bock K. et al., Acute Rhodiola rosea intake can improve endurance exercise performance 3. Supporting data Panossian A. et al., Plant adaptogens III. Earlier and more recent aspects and conclusions 4. Text Book Sandberg F. and Bohlin L., Fytoterapi: Växtbaserade Läkemedel. Stockholm, Sweden</p>	<p>Bra för fysisk och mental stresshantering.#C Good for handling of physical and mental stress#C</p>	<p>CT03, CT14 CT03, CT14</p>	<p>SE-235</p>
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80 ml shot av frukt- eller mjölkprodukt innehållande extrakt av Rosenrot (Rhodiola rosea L.)	1. Hantering av tillfällig stress. 2. För friska personer som utsätts för tillfällig stress.	1. Dagsdos 80 ml, varav 7 mg rosaviner 2. Effekten uppträder direkt. 3. Effekten för barn och gravida är ej känd. 4. Etanol/vatten extrakt. 5. 7-12 mg rosaviner/dag; rosaviner/salidosid kvot = 3: 0.8-1	1. Critical Reviews 2. Human studies 3. Supporting data 4. Textbook	1. Critical Reviews Khanum F., et al. Rhodiola rosea: A Versatile Adaptogen Comprehensive reviews in food science and food safety, 2005 4, 55-62 Panossian A. and Wagner H., Stimulating Effect of Adaptogens: An Overview with Particular Reference to their Efficacy following Single Dose Administration Phytoter. Res. 2005, 19, 819-838 Morgan M. and Bone K., Rhodiola: the Arctic adaptogen. Townsend Letter for Doctors and Patients (Phytotherapy Review & Commentary), May, 2005 Brown R. P., et al., Rhodiola rosea: A Phytomedicinal Overview, HerbalGram., 2002 56, 40-52 Monograph Rhodiola rosea. Alternative Medicine Review, 2002, 7(5), 421-423 Kelly G. S., Rhodiola rosea: A Possible Plant Adaptogen Alternative Medicine Review, 2001, 6(3), 293-302 2. Human studies Shevtsov V. A. et al., A randomized trial of two different doses of a SHR-5 Rhodiola rosea extract versus placebo and control of capacity for mental work, Phytomedicine, 2003 10, 95-105 Darbinyan V. et al., Rhodiola rosea in stress induced fatigue – A double blind cross-over study of a standardized extract SHR-5 with a repeated low-dose regimen Spasov, A. A. et al., A double-blind, placebo-controlled pilot study of the stimulant effect of Rhodiola rosea extract on human performance De Bock K. et al., Acute Rhodiola rosea intake can improve endurance exercise performance 3. Supporting data Panossian A. et al., Plant adaptogens III. Earlier and more recent aspects and conclusions 4. Text Book Sandberg F. and Bohlin L., Fytoterapi: Växtbaserade Läkemedel. Stockholm, Sweden, 2004	Bra för fysisk och mental stresshantering.#C Good for handling of physical and mental stress#C	CT03, CT14 CT03, CT14	SE-236
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<p>Portionsförpackning 200 ml/350 ml av frukt- eller mjölkprodukt innehållande extrakt av Rosenrot (Rhodiola rosea L.)</p>	<p>1. Hantering av tillfällig stress. 2. För friska personer som utsätts för tillfällig stress.</p>	<p>1. Dagsdos 200 ml/350 ml, varav 7 mg rosaviner 2. Effekten uppträder direkt. 3. Effekten för barn och gravida är ej känd. 4. Etanol/vatten extrakt. 5. 7-12 mg rosaviner/dag; rosaviner/salidroside kvot = 3: 0.8-1</p>	<p>1. Critical Reviews 2. Human studies 3. Supporting data 4. Textbook</p>	<p>1. Critical Reviews Khanum F., et al. Rhodiola rosea: A Versatile Adaptogen Comprehensive reviews in food science and food safety, 2005 4, 55-62 Panossian A. and Wagner H., Stimulating Effect of Adaptogens: An Overview with Particular Reference to their Efficacy following Single Dose Administration Phytoter. Res. 2005, 19, 819–838 Morgan M. and Bone K., Rhodiola: the Arctic adaptogen. Townsend Letter for Doctors and Patients (Phytotherapy Review & Commentary), May, 2005 Brown R. P., et al., Rhodiola rosea: A Phytomedicinal Overview, HerbalGram., 2002 56, 40-52 Monograph Rhodiola rosea. Alternative Medicine Review, 2002, 7(5), 421-423 Kelly G. S., Rhodiola rosea: A Possible Plant Adaptogen Alternative Medicine Review, 2001, 6(3), 293-302 2. Human studies Shevtsov V. A. et al., A randomized trial of two different doses of a SHR-5 Rhodiola rosea extract versus placebo and control of capacity for mental work, Phytomedicine, 2003 10, 95–105 Darbinyan V. et al., Rhodiola rosea in stress induced fatigue – A double blind cross-over study of a standardized extract SHR-5 with a repeated low-dose regimen Spasov, A. A. et al., A double-blind, placebo-controlled pilot study of the stimulant effect of Rhodiola rosea extract on physical performance De Bock K. et al., Acute Rhodiola rosea intake can improve endurance exercise performance 3. Supporting data Panossian A. et al., Plant adaptogens III. Earlier and more recent aspects and conclusions 4. Text Book Sandberg F. and Bohlin L., Fytoterapi: Växtbaserade Läkemedel. Stockholm, Sweden</p>	<p>Bra för fysisk och mental stresshantering.#C Good for handling of physical and mental stress#C</p>	<p>CT03, CT14 CT03, CT14</p>	<p>SE-237</p>
<p>Måvål Mättnadsyoghurt och DrickyoghurtShot MåVål Satiety Yoghurt and DrinkingYoghurtShot Containing the emulsion Fabulesse™ (earlier Olibra™) from DSM, a dispersion of fat in water with a fat content of 42 %.</p>	<p>Ileal brake. Undigested lipids reaches the distal part of small intestine.</p>	<p>200 g Måvål Yoghurt / 80 g DrickyoghurtShot Containing 5 g Fabulesse™ fat (12 g of the emulsion).</p>	<p>Individual human studies.</p>	<p>Burns et al. Int. J of Obesity (2000) 24, 1419-1425. Burns et al. Int. J of Obesity (2000)25,1487-1496. Burns et al. Eur J Clin Nutr 2002, 56, 368-377. Logan et al. Eur J Clin Nutr 2006, 60, 1081-1091. Diepvens et al. Int J Obesity 2007, 1-8.</p>	<p>"Helps you to eat less." #C "Helps you to keep your weight."#C "Hjälper dig att äta mindre."#C "Hjälper dig att hålla vikten."#C</p>	<p>CT03, CT12 CT03, CT12 CT03, CT12 CT03, CT12</p>	<p>SE-238</p>

PrimaLivYoghurtShot, mini drinking yoghurt (80 g) with phyto sterols (1.5 g per portion) from Teriaka, brand name: Diminicol. Diminicol is approved as Novel Food ingredient by Commission decision 2004/336/EC.	Healthy blood cholesterol level. Target group: Persons who want to achieve a healthy blood cholesterol level.	One portion (80 g "Shot") per day.	Regulation (EC) No 258/97: Diminicol approval pursuant to article 4 and yoghurt shot PrimaLiV notification pursuant to Article 5.	Eur J Nutr (2001) 40:66-73. *Comment from National Food Administration: The symbol is not enclosed as a health claim, which it should have been	"Cares about your heart."#C "With plant sterols that contribute to a healthy blood cholesterol level" (This text placed in a heart).* "Bryr sig om ditt hjärta."#C "Med växt-steroler som bidrar till hälsosamma blod kolesterolvärden" (texten placerad i ett hjärta).*	CT03, CT23 CT06, CT23 CT06, CT23 CT06, CT23	SE-239
ProViva, fruit drink with <i>Lactobacillus plantarum</i> 299v (5x10 ⁷ cfu/ml) and ProViva, mini drink (80 ml) with <i>Lactobacillus plantarum</i> 299v (2.5x10 ¹⁰ cfu/ml).	Decrease flatulence Target group: general population	400 ml of ProViva fruit drink per day or 1 portion (80 ml) of ProViva mini drink per day	Scientific body (SNF Swedish Nutrition Foundation)	See the Swedish Reference list: Brummer, Danielsson, Lauritsen (2003), and references cited therein (see Appendix 1).	ProViva minskar gasbildning i magen – ett vanligt problem vid orolig mage.#A or #B ProViva fruit drink decreases flatulence – a common problem of irritable bowel.#A or #B	CT01 or CT04, CT15 CT01 or CT04, CT15	SE-240
LGG⁰ Plus, milk drink (0.5% fat) with <i>L. rhamnosus GG</i> , <i>L. rhamnosus</i> Lc705, <i>P. freudenreichii ssp. shermanii JS</i> och <i>B. animalis/lactis</i> (at least 1x10 ⁷ cfu/ml of each strain)	Bowel comfort Target group: general population	1 dl of LGG ⁰ Plus per day.	Scientific body (SNF Swedish Nutrition Foundation)	See the Swedish Reference list: Brummer, Danielsson, Lauritsen (2007), and references cited therein (see Appendix 1).	LGG ⁰ Plus hjälper till att lugna oroliga magar. LGG ⁰ Plus milk drink helps to relieve lower abdominal discomfort.	CT 06, CT15 CT 06, CT15	SE-241

Prima Liv drickyoghurt	Gut microflora	<p>≥1x10⁸ CFU/day</p> <p>corresponding to ≥250 ml yoghurt per day</p>	<p>Human study, RDBPC</p> <p>Human study RDBPC cross-over</p> <p>Human study RDBPC</p> <p>Human study open</p> <p>Human study RDBPC</p> <p>Human study RDBPC</p> <p>Animal study</p> <p>In vitro study</p> <p>In vitro study</p> <p>In vitro study</p> <p>In vitro study</p> <p>In vitro study</p> <p>In vitro and animal study</p> <p>Animal study</p> <p>In vitro study</p> <p>In vitro study</p> <p>Animal study</p> <p>Animal study</p>	<p>Francavilla R et al. (2007) Inhibition of Helicobacter pylori infection in humans by Lactobacillus reuteri ATCC 44730 and effect on eradication therapy. Helicobacter, in press.</p> <p>Imase K et al. (2007) Lactobacillus reuteri tablets suppress Helicobacter pylori infection--a double-blind randomised placebo-controlled cross-over clinical study. Kansenshogaku Zasshi, 81: 387-93.</p> <p>Saggiaro A et al. (2005) Helicobacter pylori eradication with Lactobacillus reuteri. A double-blind placebo-controlled study. Dig Liver Dis 2005;37 (suppl 1): S88, abstr. PO1.49.</p> <p>Valeur N et al. (2004) Colonization and immunomodulation by Lactobacillus reuteri ATCC 55730 in the human gastrointestinal tract. Appl Environ Microbiol 70:1176-1181.</p> <p>Wolf BW et al. (1995) Safety and tolerance of Lactobacillus reuteri in healthy adult male subjects. Microb Ecol Health Dis. 8:41-50.</p> <p>Wolf BW et al. (1998) Safety and tolerance of Lactobacillus reuteri supplementation to a population infected with the Human Immunodeficiency Virus. Food Chem Toxicol. 36:1085-1094.</p> <p>Carbajal N (2001) Salmonella challenge animal model: Lactobacillus reuteri SD2</p> <p>Carbajal N. (2006) Growth inhibition of Salmonella typhimurium and Clostridium</p> <p>Ejehorn M. (2000) Presence of Lactobacillus ssp. in the human stomach and their</p> <p>Elsom GK et al. (2007) The effect of probiotic drinks containing homofermentati</p> <p>Ibrahim SA (2003) Antimicrobial activity of Lactobacillus reuteri against Escher</p> <p>Johnson C et al. (2003) Anti Helicobacter pylori activity among lactic acid bacter</p> <p>Kang H et al. (2004) The study of reinforcement effects of host cellular immunity</p> <p>Kim SH et al. (2002, abstr.) Colonization property of Lactobacillus reuteri and its</p> <p>Lahtinen SJ et al. (2007) Specific Bifidobacterium strains isolated from elderly st</p> <p>Sinkiewicz G et al. (2001) Inhibition of pathogens by the probiotic Lactobacillus</p> <p>Wagner RD et al. (1997) Biotherapeutic effects of probiotic bacteria on candidias</p> <p>Wagner RD et al. (2000) Effect of probiotic bacteria on humoral immunity to Ca</p>	<p>Balances the gut microflora.</p> <p>Supports a healthy gastrointestinal tract flora.</p> <p>Helps maintain a healthy microflora.</p>	<p>CT06, 15</p> <p>CT06, 15</p> <p>CT06, 15</p>	SE-242
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Prima Liv drickyoghurt	Gut microflora	<p>≥1x10⁸ CFU/day</p> <p>corresponding to ≥250 ml yoghurt per day</p> <p>See footnote * in the Swedish Reference list</p>	<p>FAO/WHO expert report</p> <p>Human study open</p> <p>Human study open</p> <p>Human study open</p> <p>Review</p> <p>Review</p> <p>Review</p> <p>Review</p>	<p>FAO/WHO. Joint Working Group Report on "Guidelines for the Evaluation of Probiotics in Food", 2002. www.who.int/foodsafety/fs_management/en/probiotic_guidelines.pdf</p> <p>Björkman P. (1999) Colonization of the human gastrointestinal tract by the lactic acid bacteria <i>Lactobacillus reuteri</i>. M.Sc. thesis, Dept. of Food Technology, University of Helsinki, Finland.</p> <p>Glintborg V et al. (2006) Long-term administration of <i>Lactobacillus reuteri</i> (ATCC55730) has no influence on gastric mucosal inflammation and colonization of <i>Helicobacter pylori</i> in humans. A pilot study. <i>Int J Probiotics Prebiotics</i> 1(3-4): 219-223.</p> <p>Valeur N et al. (2004) Colonization and immunomodulation by <i>Lactobacillus reuteri</i> ATCC 55730 in the human gastrointestinal tract. <i>Appl Environ Microbiol</i> 70:1176-1181.</p> <p>Allen SJ et al. (2003) Probiotics for treating infectious diarrhoea (Cochrane review). In: <i>The Cochrane Database of Systematic Reviews</i>, Issue 4. Art. No.:CD003048.pub2. Chichester, UK: John Wiley & Sons Ltd.</p> <p>Casas IA, Dobrogosz WJ. (2000) Validation of the probiotic concept: <i>Lactobacillus reuteri</i> confers protection from disease in humans and animals. <i>Mic</i></p> <p>Connolly E. (2004) <i>Lactobacillus reuteri</i> ATCC 55730 a clinically proven probio</p> <p>Dobrogosz WJ. (2005) Enhancement of human health with <i>Lactobacillus reuteri</i></p>	L. reuteri , a true probiotic#C	CT3, CT15	SE-243
Prima Liv drickyoghurt	Gut function	<p>≥1x10⁸ CFU/day</p> <p>corresponding to ≥250 ml yoghurt per day</p> <p>See footnote * in the Swedish Reference list</p>	<p>Human study RDBPC</p> <p>Human study open</p> <p>Human study RDBPC</p> <p>Animal study</p>	<p>Francavilla R et al. (2007) Inhibition of <i>Helicobacter pylori</i> infection in humans by <i>Lactobacillus reuteri</i> ATCC 55730 and effect on eradication therapy. <i>Helicobacter</i>, in press.</p> <p>Ouwehand AC et al (2002) Effect of probiotics on constipation, fecal azoreductase activity and fecal mucin content in the elderly. <i>Ann Nutr Metabol</i>. 46:159-162.</p> <p>Tubelius P et al. (2005) Increasing work-place healthiness with the probiotic <i>Lactobacillus reuteri</i>: A randomised, double-blind placebo-controlled study. <i>Environ Health</i>. 4:25.</p> <p>Balish E et al. (2002) <i>Enterococcus faecalis</i> induces inflammatory bowel disease in Interleukin-10 knockout mice. <i>Am J Pathol</i>. 160:2253-2257.</p>	Supports a healthy gut function#C	CT3, CT15	SE-244

<i>Prima Liv drickyoghurt</i>	Immune defence	<p>≥1x10⁸ CFU/day</p> <p>corresponding to ≥250 ml yoghurt per day</p> <p>corresponding to ≥250 ml yoghurt per day</p>	<p>Human study RDBPC</p> <p>Human study, open</p> <p>Human study RDBPC</p> <p>Animal study</p> <p>Review</p> <p>In vitro study</p> <p>In vitro study</p> <p>In vitro study</p> <p>Review</p>	<p>Tubelius P et al. (2005) Increasing work-place healthiness with the probiotic Lactobacillus reuteri: A randomised, double-blind placebo-controlled study. Environ Health. 4:25.</p> <p>Valeur N et al. (2004) Colonization and immunomodulation by Lactobacillus reuteri ATCC 55730 in the human gastrointestinal tract. Appl Environ Microbiol 70:1176-1181.</p> <p>Jakobsson T et al. (2005) The effect of oral supplementation of Lactobacillus reuteri on the immunologic composition of breast milk. J Pediatr Gastroenterol Nutr 40(5):624, abstract OP4-05.</p> <p>Kang H et al. (2004) The study of reinforcement effects of host cellular immunity by Lactobacillus reuteri. BioGaia study report EC024/AH.</p> <p>Dobrogosz WJ. (2005) Enhancement of human health with Lactobacillus reuteri – A probiotic, immunobiotic and immuno-probiotic. Nutrafoods. 4:15-28. Review.</p> <p>Mohamadzadeh M et al. (2005) Lactobacilli activate human dendritic cells that skew T cells toward T helper 1 polarization. Proc Natl Acad Sci 102:2880-2885.</p> <p>Smits HH et al. (2005) Selective probiotic bacteria induce IL-10–producing regulatory T cells in vitro by modulating dendritic cell function through dendritic</p> <p>Zeuthen LH et al. (2006) Lactic acid bacteria inducing a weak Interleukin-12 and</p> <p>Zeuthen LH et al. (2007) Epithelial cells prime the immune response to an array of</p> <p>Guarner F et al. (2006) Mechanisms of disease: the hygiene hypothesis revisited.</p>	<p>Fortifies the immune defence#A</p> <p>Helps strengthen your body's natural defences#A</p> <p>Stimulates the immune system#A</p>	CT01, CT15 CT01, CT15 CT01, CT15	SE-245
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Semper Magdroppar	Gut microflora	<p>≥1x10⁸ CFU/day corresponding to 5 drops per day See footnote * in the Swedish Reference list</p>	<p>Human study, RDBPC Human study RDBPC cross-over Human study RDBPC Human study open Human study RDBPC Human study RDBPC Animal study In vitro study In vitro study In vitro study In vitro study In vitro study In vitro and animal study Animal study In vitro study In vitro study Animal study In vitro study</p>	<p>Francavilla R et al. (2007) Inhibition of Helicobacter pylori infection in humans by Lactobacillus reuteri ATCC 44730 and effect on eradication therapy. Helicobacter, in press. Imase K et al. (2007) Lactobacillus reuteri tablets suppress Helicobacter pylori infection--a double-blind randomised placebo-controlled cross-over clinical study. Kansenshogaku Zasshi, 81: 387-93. Saggiaro A et al. (2005) Helicobacter pylori eradication with Lactobacillus reuteri. A double-blind placebo-controlled study. Dig Liver Dis 2005;37 (suppl 1): S88, abstr. PO1.49. Valeur N et al. (2004) Colonization and immunomodulation by Lactobacillus reuteri ATCC 55730 in the human gastrointestinal tract. Appl Environ Microbiol 70:1176-1181. Wolf BW et al. (1995) Safety and tolerance of Lactobacillus reuteri in healthy adult male subjects. Microb Ecol Health Dis. 8:41-50. Wolf BW et al. (1998) Safety and tolerance of Lactobacillus reuteri supplementation to a population infected with the Human Immunodeficiency Virus. Food Chem Toxicol. 36:1085-1094. Carbajal N (2001) Salmonella challenge animal model: Lactobacillus reuteri SD2 Carbajal N. (2006) Growth inhibition of Salmonella typhimurium and Clostridium Ejehorn M. (2000) Presence of Lactobacillus ssp. in the human stomach and their Elsom GK et al. (2007) The effect of probiotic drinks containing homofermentati Ibrahim SA (2003) Antimicrobial activity of Lactobacillus reuteri against Escher Johnson C et al. (2003) Anti Helicobacter pylori activity among lactic acid bacter Kang H et al. (2004) The study of reinforcement effects of host cellular immunity Kim SH et al. (2002, abstr.) Colonization property of Lactobacillus reuteri and its Lahtinen SJ et al. (2007) Specific Bifidobacterium strains isolated from elderly st Sinkiewicz G et al. (2001) Inhibition of pathogens by the probiotic Lactobacillus Wagner RD et al. (1997) Biotherapeutic effects of probiotic bacteria on candidias Wagner RD et al. (2000) Effect of probiotic bacteria on humoral immunity to Ca</p>	<p>Balances the gut microflora. Supports a healthy Gastrointestinal (GI) tract flora. Helps maintain a healthy microflora.</p>	CT06, CT15 CT06, CT15 CT06, CT15	SE-246
Semper Magdroppar	Gut microflora	<p>≥1x10⁸ CFU/day corresponding to 5 drops per day See footnote * in the Swedish Reference list</p>	<p>FAO/WHO expert report Human study open Human study open Review Review Review</p>	<p>FAO/WHO. Joint Working Group Report on "Guidelines for the Evaluation of Probiotics in Food", 2002. www.who.int/foodsafety/fs_management/en/probiotic_guidelines.pdf Björkman P. (1999) Colonization of the human gastrointestinal tract by the lactic acid bacteria Lactobacillus reuteri. M.Sc. thesis, Dept. of Food Technology, University of Helsinki, Finland. Glintborg V et al. (2006) Long-term administration of Lactobacillus reuteri (ATCC55730) has no influence on gastric mucosal inflammation and colonization of Helicobacter pylori in humans. A pilot study. Int J Probiotics Prebiotics 1(3-4): 219-223. Valeur N et al. (2004) Colonization and immunomodulation by Lactobacillus reuteri ATCC 55730 in the human gastrointestinal tract. Appl Environ Microbiol 70:1176-1181. Allen SJ et al. (2003) Probiotics for treating infectious diarrhoea (Cochrane review). In: The Cochrane Database of Systematic Reviews, Issue 4. Art. No.:CD003048.pub2. Chichester, UK: John Wiley & Sons Ltd. Casas IA, Dobrogosz WJ. (2000) Validation of the probiotic concept: Lactobacillus reuteri confers protection from disease in humans and animals. Mic Connolly E. (2004) Lactobacillus reuteri ATCC 55730 a clinically proven probio Dobrogosz WJ. (2005) Enhancement of human health with Lactobacillus reuteri</p>	L. reuteri , a true probiotic#C	CT3, CT15	SE-247

Semper Magddroppar	Gut function	<p>≥1x10⁸ CFU/day</p> <p>corresponding to 5 drops per day</p> <p>See footnote * in the Swedish Reference list</p>	<p>Human study RDBPC</p> <p>Human study open</p> <p>Human study RDBPC</p> <p>Animal study</p>	<p>Francavilla R et al. (2007) Inhibition of <i>Helicobacter pylori</i> infection in humans by <i>Lactobacillus reuteri</i> ATCC 55730 and effect on eradication therapy. <i>Helicobacter</i>, in press.</p> <p>Ouwehand AC et al (2002) Effect of probiotics on constipation, fecal azoreductase activity and fecal mucin content in the elderly. <i>Ann Nutr Metabol.</i> 46:159-162.</p> <p>Tubelius P et al. (2005) Increasing work-place healthiness with the probiotic <i>Lactobacillus reuteri</i>: A randomised, double-blind placebo-controlled study. <i>Environ Health.</i> 4:25.</p> <p>Balish E et al. (2002) Enterococcus faecalis induces inflammatory bowel disease in Interleukin-10 knockout mice. <i>Am J Pathol.</i> 160:2253-2257.</p>	<p>Supports a healthy gut function#C</p>	CT3, CT15	SE-248
Semper Magddroppar	Immune defence	<p>≥1x10⁸ CFU/day</p> <p>corresponding to 5 drops per day</p> <p>See footnote * in the Swedish Reference list</p>	<p>Human study RDBPC</p> <p>Human study, open</p> <p>Human study RDBPC</p> <p>Animal study</p> <p>Review</p> <p>In vitro study</p> <p>In vitro study</p> <p>In vitro study</p> <p>In vitro study</p> <p>Review</p>	<p>Tubelius P et al. (2005) Increasing work-place healthiness with the probiotic <i>Lactobacillus reuteri</i>: A randomised, double-blind placebo-controlled study. <i>Environ Health.</i> 4:25.</p> <p>Valeur N et al. (2004) Colonization and immunomodulation by <i>Lactobacillus reuteri</i> ATCC 55730 in the human gastrointestinal tract. <i>Appl Environ Microbiol.</i> 70:1176-1181.</p> <p>Jakobsson T et al. (2005) The effect of oral supplementation of <i>Lactobacillus reuteri</i> on the immunologic composition of breast milk. <i>J Pediatr Gastroenterol Nutr</i> 40(5):624, abstract OP4-05.</p> <p>Kang H et al. (2004) The study of reinforcement effects of host cellular immunity by <i>Lactobacillus reuteri</i>. <i>BioGaia</i> study report EC024/AH.</p> <p>Dobrogosz WJ. (2005) Enhancement of human health with <i>Lactobacillus reuteri</i> – A probiotic, immunobiotic and immuno-probiotic. <i>Nutrafoods.</i> 4:15-28. Review.</p> <p>Mohamadzadeh M et al. (2005) Lactobacilli activate human dendritic cells that skew T cells toward T helper 1 polarization. <i>Proc Natl Acad Sci</i> 102:2880-2885.</p> <p>Smits HH et al. (2005) Selective probiotic bacteria induce IL-10-producing regulatory T cells in vitro by modulating dendritic cell function through dendritic</p> <p>Zeuthen LH et al. (2006) Lactic acid bacteria inducing a weak Interleukin-12 and</p> <p>Zeuthen LH et al. (2007) Epithelial cells prime the immune response to an array</p> <p>Guarner F et al. (2006) Mechanisms of disease: the hygiene hypothesis revisited.</p>	<p>Fortifies the immune defence#A</p> <p>Helps strengthen your body's natural defences#A</p> <p>Stimulates the immune system#A</p>	CT01, CT15 CT01, CT15 CT01, CT15	SE-249
Barngröt med <i>Lactobacillus casei</i> F19	Gastrointestinal health	1x10 ⁸ CFU/portion	Human studies	<p>Effects of feeding probiotics during weaning on infections and antibody responses to diphtheria, tetanus and Hib vaccines. <i>Pediatr Allergy Immunol</i> 2008;19:53-60. West C E, Gothefors L, Granström M, Käyhty H, Hammarström M-L and Hernell O.</p> <p>Processed infant cereals as vehicles of functional components. Domellöf M and West C. <i>Issues in Complementary Feeding, Nestlé Nutr Workshop Ser Pediatr Program, 2007; 60: 107-121.</i></p>	<p>Håller magen i balans.#B (children) and #C</p> <p>Balances the intestinal flora.#B (children)</p>	CT05, CT15 CT05, CT15	SE-250
Barngröt med <i>Lactobacillus casei</i> F19	Natural defence /Immune system	1x10 ⁸ CFU/portion	Human studies	<p>Effects of feeding probiotics during weaning on infections and antibody responses to diphtheria, tetanus and Hib vaccines. <i>Pediatr Allergy Immunol</i> 2008;19:53-60. West C E, Gothefors L, Granström M, Käyhty H, Hammarström M-L and Hernell O.</p> <p>Processed infant cereals as vehicles of functional components. Domellöf M and West C. <i>Issues in Complementary Feeding, Nestlé Nutr Workshop Ser Pediatr Program, 2007; 60: 107-121.</i></p>	<p>Stärker immunförsvaret.#A and #B (children)</p> <p>Strengthens immune system #A and #B (children)</p>	CT01, CT05, CT15 CT01, CT05, CT15	SE-251

Barnvälling med Lactobacillus reuteri	Natural defence /Immune system	1x10 ⁸ CFU/portion	Human studies	Effect of a probiotic infant formula on infections in child care centre: comparison of two probiotic agents Weizman Z., Asli, G. and Alsheikh, A. Pediatrics 115:1, 5, 2005. Lactobacillus reuteri ATCC 55730 versus Simeticone in the treatment of infant colic: a perspective randomized study. Savino, F., Pelle, E., Palumeri, E., Oggero, R. And Miniero, R. Pediatrics, 2007,119;124-130. Probiotics in prevention of IgE-associated eczema: A double-blind, randomized, placebo-controlled trial. Abrahamsson, T., R., Jakobsson, T., Böttcher, M. F., Fredriksson, M., Jenmalm, M., C., Björkstén, B., and Oldaeus, G., J Allergy Clin Immunol. 119, ;5: 1174-1180. Probiotics in prevention of IgE-associated eczema: A double-blind, randomized, placebo-controlled trial. Abrahamsson, T., R., Jakobsson, T., Böttcher, M. F., Fredriksson, M., Jenmalm, M., C., Björkstén, B., and Oldaeus, G., J Allergy Clin Immunol. 119, ;5: 1174-1180.	Stärker immunförsvaret.#A and #B (children) Strengthens immune system #A and #B (children)	CT01, CT05, CT15 CT01, CT05, CT15	SE-252
Barnvälling med Lactobacillus reuteri	Gastrointestinal health	1x10 ⁸ CFU/portion	Human studies	Effect of a probiotic infant formula on infections in child care centre: comparison of two probiotic agents Weizman Z., Asli, G. and Alsheikh, A. Pediatrics 115:1, 5, 2005. Lactobacillus reuteri ATCC 55730 versus Simeticone in the treatment of infant colic: a perspective randomized study. Savino, F., Pelle, E., Palumeri, E., Oggero, R. And Miniero, R. Pediatrics, 2007,119;124-130. Probiotics in prevention of IgE-associated eczema: A double-blind, randomized, placebo-controlled trial. Abrahamsson, T., R., Jakobsson, T., Böttcher, M. F., Fredriksson, M., Jenmalm, M., C., Björkstén, B., and Oldaeus, G., J Allergy Clin Immunol. 119, ;5: 1174-1180.	Håller magen i balans.#B (children) and #C Balances the intestinal flora #B	CT05, CT15 CT05, CT15	SE-253
Droppar med Lactobacillus reuteri	Natural defence /Immune system	1x10 ⁸ CFU/portion	Human studies	Effect of a probiotic infant formula on infections in child care centre: comparison of two probiotic agents Weizman Z., Asli, G. and Alsheikh, A. Pediatrics 115:1, 5, 2005. Lactobacillus reuteri ATCC 55730 versus Simeticone in the treatment of infant colic: a perspective randomized study. Savino, F., Pelle, E., Palumeri, E., Oggero, R. And Miniero, R. Pediatrics, 2007,119;124-130. Probiotics in prevention of IgE-associated eczema: A double-blind, randomized, placebo-controlled trial. Abrahamsson, T., R., Jakobsson, T., Böttcher, M. F., Fredriksson, M., Jenmalm, M., C., Björkstén, B., and Oldaeus, G., J Allergy Clin Immunol. 119, ;5: 1174-1180. The Effects of Probiotics on Feeding Tolerance, Bowel Habits, and Gastrointestinal Motility in Preterm Newborns: Indrio Flava, Riezzo G, Raion F, Biscegua M, Cavallo L, Francavilla R. Journal of Pediatrics 2008; in press	Stärker immunförsvaret.#A and #B (children) Strengthens immune system #A and #B (children)	CT01, CT05, CT15 CT01, CT05, CT15	SE-254

Droppar med Lactobacillus reuteri	Gastrointestinal health	1x10 ⁸ CFU/portion	Human studies	<p>Effect of a probiotic infant formula on infections in child care centre: comparison of two probiotic agents Weizman Z., Asli, G. and Alsheikh, A. <i>Pediatrics</i> 115:1, 5, 2005.</p> <p>Lactobacillus reuteri ATCC 55730 versus Simeticone in the treatment of infant colic: a perspective randomized study. Savino, F., Pelle, E., Palumeri, E., Oggero, R. And Miniero, R. <i>Pediatrics</i>, 2007,119;124-130.</p> <p>Probiotics in prevention of IgE-associated eczema: A double-blind, randomized, placebo-controlled trial. Abrahamsson, T., R., Jakobsson, T., Böttcher, M. F., Fredriksson, M., Jenmalm, M., C., Björkstén, B., and Oldaeus, G., <i>J Allergy Clin Immunol.</i> 119, ;5: 1174-1180.</p> <p>The Effects of Probiotics on Feeding Tolerance, Bowel Habits, and Gastrointestinal Motility in Preterm Newborns: Indrio Flava, Riezzo G, Raion F, Biscegua M, Cavallo L, Francavilla R. <i>Journal of Pediatrics</i> 2008; in press</p>	<p>Håller magen i balans. #C and #B</p> <p>Balances the intestinal flora #B</p>	CT05, CT15 CT05, CT15	SE-255
1) TAHITIAN NONI® Juice (TNJ)	<p>Kolesterol-/triglyceridnivåer i serum</p> <p>Eng. Serum Cholesterol/Triglyceride levels</p>	60–120 ml TNJ per dag i minst 30 dagar.	<p>Kliniska prövningar (CT)</p> <p>Laboratorieförsök (Lab)</p> <p>Traditionell användning (Tr)</p>	See the Swedish Reference list: <i>TNJ and Cardiovascular Health</i> , samt <i>TNJ and Antioxidant Activity</i>	<p>TAHITIAN NONI® Juice hjälper till att bevara hälsosamma kolesterolnivåer.</p> <p>Eng: TAHITIAN NONI® Juice helps maintain healthy cholesterol levels.</p> <p>TAHITIAN NONI® Juice förbättrar din kolesterolprofil#B</p> <p>Eng: TAHITIAN NONI® Juice improves your cholesterol profile.#B</p> <p>TAHITIAN NONI® Juice hjälper till att sänka LDL-kolesterolnivån i blodet.#B</p> <p>Eng: TAHITIAN NONI® Juice helps to lower blood LDL cholesterol. #B</p> <p>TAHITIAN NONI® Juice hjälper till att sänka kolesterolnivån i blodet så att hjärthälsan gynnas.#B</p> <p>Eng: TAHITIAN NONI® Juice helps to reduce blood cholesterol to promote heart health. #B</p>	CT06, CT23 CT06, CT23 CT04, CT23 CT04, CT23 CT04, CT23 CT04, CT23 CT04, CT23	SE-256

2) TAHITIAN NONI® Juice (TNJ)	Kardiovaskulär hälsa Eng. Cardiovascular health	60–120 ml TNJ per dag i minst 30 dagar.	Kliniska prövningar (CT) Laboratorieförsök (Lab) Traditionell användning (Tr)	See the Swedish Reference list: <i>TNJ and Cardiovascular Health</i> , samt <i>TNJ and Antioxidant Activity</i>	TAHITIAN NONI® Juice befrämjar ett friskt hjärtkärtsystem.#A Eng. TAHITIAN NONI® Juice supports a healthy cardiovascular system.#C TAHITIAN NONI® Juice hjälper till att hålla hjärtat friskt.#A Eng. TAHITIAN NONI® Juice helps maintain a healthy heart.#C TAHITIAN NONI® Juice hjälper till att hålla blodet friskt.#A Eng. TAHITIAN NONI® Juice helps maintain healthy blood. #C	CT01, CT23 CT03, CT23 CT01, CT23 CT03, CT23 CT01, CT23 CT03, CT23	SE-257
3) TAHITIAN NONI® Juice (TNJ)	Skyddar kroppens vävnader och celler mot oxidativ skada orsakad av fria radikaler. Nivån av fria radikaler i blodet. Eng. Protection of body tissues and cells from oxidative damage caused by free radicals. Free radical level in the blood.	30–90 ml TNJ per dag i minst 30 dagar.	Kliniska prövningar (CT) Laboratorieförsök (Lab)	See the Swedish Reference list: <i>TNJ and Antioxidant Activity</i>	TAHITIAN NONI® Juice innehåller/källa för antioxidanter.#C Eng. TAHITIAN NONI® Juice contains/source of antioxidants.#C TAHITIAN NONI® Juice innehåller antioxidanter som hjälper till att rensa bort fria radikaler ur kroppen.#B Eng. TAHITIAN NONI® Juice contains antioxidants which help scavenge free radicals from the body.#B TAHITIAN NONI® Juice innehåller antioxidanter som hjälper till att skydda cellerna. Eng. TAHITIAN NONI® Juice contains antioxidants which aid in cell protection. TAHITIAN NONI® Juice innehåller antioxidanter som hjälper till att stärka kroppens naturliga försvar mot oxidativ stress.#A Eng. TAHITIAN NONI® Juice contains antioxidants which help strengthen the body's natural defenses against oxidative stress. #A TAHITIAN NONI® Juice innehåller antioxidanter som hjälper till att hålla dig frisk#A, eftersom de anses skydda kroppens celler. Eng. TAHITIAN NONI® Juice contains antioxidants which help keep one healthy #C as they are thought to protect the cells of the body. Antioxidant innehållande drycker bidrar till att hålla din kropp frisk.#A Eng. Antioxidant containing drinks contribute to keeping your body healthy. #C Antioxidant innehållande drycker befrämjar ett hälsosamt åldrande genom att hålla cellernas DNA intakt.#C Eng. Antioxidant containing drinks support healthy aging by maintaining intact cell DNA. #C	CT02, CT03, CT21 CT02, CT03, CT21 CT04, CT23 CT04, CT23 CT06, CT23 CT06, CT23 CT01, CT23 CT01, CT23 CT01, CT23 CT03, CT23 CT01, CT23 CT03, CT23 CT03, CT23 CT03, CT23	SE-258

4) TAHITIAN NONI® Juice (TNJ)	Immunsystemets immuncytokin-nivåer i kroppen Eng. Immune system Immune cytokine levels in the body	30–90 ml TNJ per dag i minst 30 dagar.	Kliniska prövningar (CT) Laboratorieförsök (Lab) Traditionell användning (Tr)	See the Swedish Reference list: <i>TNJ and Immune Function</i> samt <i>TNJ and Antioxidant Activity</i>	TAHITIAN NONI® Juice hjälper till att befrämja ett friskt immunsystem.#A Eng. TAHITIAN NONI® Juice helps support a healthy immune system.#C TAHITIAN NONI® Juice har en positiv inverkan på ett friskt immunsystem.#A Eng. TAHITIAN NONI® Juice helps to positively influence a healthy immune system.#C TAHITIAN NONI® Juice hjälper till att stärka immunsystemet.#A Eng. TAHITIAN NONI® Juice helps strengthen the immune system.#A TAHITIAN NONI® Juice hjälper till att modulera kroppens immunsvar.#A Eng. TAHITIAN NONI® Juice helps modulate the body's immune response.#A	CT01, CT20 CT03, CT20 CT01, CT20 CT03, CT20 CT01, CT20 CT01, CT20 CT01, CT20 CT01, CT20	SE-259
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5) TAHITIAN NONI® Juice (TNJ)	Fysisk uthållighet/energi Eng. Physical endurance/Energy	90–120 ml TNJ per dag i minst 21 dagar.	Kliniska prövningar (CT) Laboratorieförsök (Lab) Traditionell användning (Tr)	See the Swedish Reference list: <i>TNJ and Energy Benefits</i> samt <i>TNJ and Antioxidant Activity</i>	TAHITIAN NONI® Juice ökar energin om den konsumeras regelbundet.#C and #D Eng. TAHITIAN NONI® Juice increases energy when consumed consistently over time. #C and #D TAHITIAN NONI® Juice förbättrar uthålligheten om den konsumeras regelbundet.#C Eng. TAHITIAN NONI® Juice improves endurance when consumed consistently over time. #C TAHITIAN NONI® Juice ger en signifikant förbättring av den fysiska prestationsnivån.#B Eng. TAHITIAN NONI® Juice significantly improves physical performance levels.#B TAHITIAN NONI® Juice befrämjar hög fysisk prestationsförmåga.#C Eng. TAHITIAN NONI® Juice supports extensive physical performance. #C	CT03, CT11 CT03, CT11 CT03, CT11 CT03, CT11 CT04, CT11 CT04, CT11 CT03, CT11 CT03, CT11	SE-260
6) TAHITIAN NONI® Juice (TNJ)	Livskvalitet Eng. Quality of Life	90–120 ml TNJ per dag i minst 21 dagar.	Kliniska prövningar (CT) Laboratorieförsök (Lab) Traditionell användning (Tr)	See the Swedish Reference list: <i>TNJ and Energy Benefits</i> samt <i>TNJ and Antioxidant Activity</i>	TAHITIAN NONI® Juice befrämjar ett positivt humör.#C and #D Eng. TAHITIAN NONI® Juice promotes a positive mood.#C and #D TAHITIAN NONI® Juice befrämjar det allmänna välbefinnandet/livskvaliteten.#C Eng. TAHITIAN NONI® Juice promotes general well-being/quality of life. #C	CT03, CT11 CT03, CT11 CT03, CT11 CT03, CT11	SE-261

7) TAHITIAN NONI® Juice (TNJ)	Anti-inflammatorisk verkan Eng. Anti-inflammatory action	15–60 ml TNJ per dag i minst 30 dagar.	Kliniska prövningar (CT) Laborieförsök (Lab) Traditionell användning (Tr)	See the Swedish Reference list: <i>TNJ and Joint Health</i>	TAHITIAN NONI® Juice befrämjar friska leder.#A Eng. TAHITIAN NONI® Juice supports healthy joints.#C	CT01, CT10 CT03, CT10	SE-262
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